

Piece of the Puzzle

Volume 6, Issue 5

MAY 2025



WING EVENTS & WORKSHOPS

Inside this issue:

CAF Piece & Resiliency Team Incites	2
M&FRP Vital	3-5
Announcements & Notifications	6-8
Information & Referral	9-11
Resource Websites	12-13
QR Code Quick Connections	14-15

May is the Month of: Bicycle & Motorcycle Safety Month / NO RSD	5/1/25
Pre & Post Deployment Briefings & FTP Trainings on MS Teams: Pre @10 am Click here to join the meeting / Post @ 1400 Click here to join the meeting	5/7/25 & 5/21/25
FTP—Permanent Change of Station—virtually on MS Teams 9:30 am w/ Marco Miros Join the meeting now	5/13/25
P&WL—Strengthening Parenting Skills while Building Resilient Children— Virtually on MS Teams 9:30 am w/ Karen O'Dea Join the meeting now	5/20/25
June is the Month of: Safety & PTSD Awareness	6/1/25
Employment Resume Lunch & Learn 10:30 am with M&FRPM Amy Join the meeting	6/6/25
KSL and AFR Association Meeting Bldg. 25. Rm 1006 10—11:00 am	6/7/25
FTP—Divorce—virtually on MS Teams 9:30 am w/ Marco Miros Join the meeting now	6/8/25
P&WL—What to say when someone is Grieving & other Grieving issues — Virtually on MS Teams 10:30 am w/ Karen O'Dea Join the meeting now	
Pre & Post Deployment Briefings & FTP Trainings on MS Teams: Pre @10 am / Click here to join the meeting / Post @ 1400 Click here to join the meeting	6/4/25 & 6/18/25
Newcomers MOVED TO August	8/2/25
FTP—Divorce—virtually on MS Teams 9:30 am w/ Marco Miros Join the meeting	6/10/25
Chief's Golf Tournament	6/13/25
P&WL—What to say when someone is Grieving & other Grieving issues — Virtually on MS Teams 9:30 am w/ Karen O'Dea Join the meeting now	6/17/25
PTSD AWARENESS DAY Time for a Self Screening	6/27/25

Mental Health—DPH

How to Cope with a Traumatic Event

A violent act, catastrophic accident or sudden loss can leave you feeling anxious and fearful, which are normal reactions. But if anxiety and fears are taking over your or a loved one's life, you may want to consider professional help.

<https://www.militaryonesource.mil/health-wellness/mental-health/how-to-cope-with-a-traumatic-event/>

Building 25 Room 24 DSN: 356-3356

O: 816-236-3356 C: 816-244-3032

Jason.dye@us.af.mil



Social Health—MFLC

Tips & Tools for Navigating Relationships as you Grieve

The death of a loved one can leave survivors feeling uncertain about what lies ahead and where to begin their path forward. Relationships can also feel different and strained compared to what they were before, and you may be in need of some tender loving care.

<https://www.militaryonesource.mil/casualty-assistance/survivor-support/navigating-grief-tips-tools/>

Building 25 Room 2009

O: 816-236-3199 C: 816-722-0342



Spiritual Health—Chaplain

Grief and Loss of a Loved One, the Days Ahead

Grief is a natural response when a loved one dies. How you grieve depends on your personality, your life experiences, the nature of your loss and your coping style. While there is no right or wrong way to grieve, there are healthy ways to cope and survive the pain and find your new normal as you continue on your life's journey.

<https://www.militaryonesource.mil/casualty-assistance/survivor-support/grief-and-loss-of-a-loved-one/>

Building 25 Room 1020

Confidential Counseling Available at Request during RSD.

O: 816-236-3236

C: 816-390-0975



Physical Health

DISASTER PREPAREDNESS

No one likes to think about the possibility of natural disasters, such as floods, fires, hurricanes and tornados. Nor do they like to think about crimes, such as theft and vandalism. However spending a little time making an emergency plan now can give you piece of mind and help you be prepared if something happens.

<https://www.militaryonesource.mil/resources/millife-guides/home-disaster-planning/>





DEPLOYMENT

Deployment briefings are required for the SM and encouraged for their family.

Any orders other than Training/School that are 30 days or more require a deployment brief, this include ADOS, MPA & TDY orders.

Pre-Deployment Brief: NET 60 days out from Orders date & NLT, 10 days from orders date. Can not be done at PDF.

Reintegration/Post Brief: NLT 7 days from return.

Available by request of bi-weekly on MS Teams.
Email: amy.mathias.1@us.af.mil for an invite

M&FRP
Vital Piece



TAP

Transition Assistance Program

TAP is congressionally mandated under 10 U.S.C. 1142, 1143, and 1144. It provides transition assistance, information, training, counseling, and services to enhance preparedness in transitioning to civilian life. TAP applies to all Service Members (SM) who have completed their first 180 days or more of continuous active duty.

Email: amy.mathias.1@us.af.mil for Details on this program.

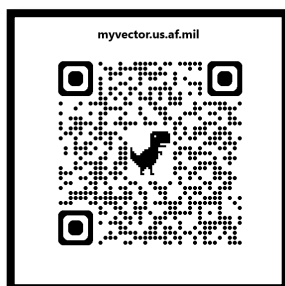


FINANCIAL TRAINING

<https://myvector.us.af.mil>

Personal Financial Readiness training is congressionally mandated under Section 992 of Title 10, United States Code. Financial readiness Common Military

Training (CMT) provides Service Members (SMs) the common knowledge, skills, and behavior standards to enable them to manage their financial affairs in a manner that enhances mission readiness. Service members have the option to complete training online through the MyVector platform or at an installation Military & Family Readiness Center. Department of the Air Force members are notified by email when required trainings are due/overdue.



YELLOW RIBBON



- 1st Time Deployers
- SM that deployed prior to 2009
- Title 10 - 90+ day orders
- 1 Pre and 1 Post event

Program Provider: amy.mathias.1@us.af.mil

Deploying/TDY/Training SOU

Statement of Understanding (SOU)
Deployment/ADOS/MPA/TDY/Oth
er State Missions & Training





Military & Family Readiness Programs

Amy Mathias, M&FRPM 816-390-2777

SUPPORT

Deployment Support
Emergency Family Assistance
Employment Assistance
Personal and Work life Skills Development
Personal Financial Readiness
Transition Assistance & Retirement Info
Volunteer Resources & Key Support Liaison
Relocation Assistance

Information & Referral

Exceptional Family Member Program
Family Advocacy Program-Domestic Abuse
MWR—Child & Youth Information
Air Force Families Forever
Survivor Outreach Services
Warrior and Survivor Care
Reserve Component Transition Assistance Advisor
Tricare
Military OneSource

M&FRP Vital
Piece

PERSONAL FINANCIAL ASSISTANCE

Schedule a 1-on-1 private
finance counseling session

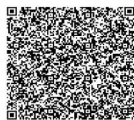
- Conquer your debt
- Master your financial habits
- Take control of your TSP
- Create a success strategy



Book a meeting!



Email me!



Leave a message!



Marco B. Miros, CFP®
Personal Financial Counselor III; Contractor
Magellan Federal
600 Thomas Avenue, Fort Leavenworth, KS 66027
O 816-500-3163
E pfc.leavenworth@magellanfederal.com
E marco.b.miros.ctr@army.mil
MagellanFederal.com
Saint Joseph Office Location

Financial Connections



<https://www.afpc.af.mil/Military-and-Family/Financial-Readiness/>

<https://www.tsp.gov/index.html>

<https://finred.usalearning.gov/>

<https://www.consumerfinance.gov/>

<https://militarypay.defense.gov/blendedretirement/>

<https://www.militaryonesource.mil/financial-legal/taxes/>

<https://finred.usalearning.gov/Saving#Investing>

<https://finred.usalearning.gov/Planning#Insurance>



RELOCATION

M&FRP
Vital Piece

INFORMATION & REFERRAL



<https://installations.militaryonesource.mil/view-all>

<https://installations.militaryonesource.mil/view-all-programs-services>

<https://www.afpc.af.mil/Military-and-Family/Relocation-Assistance/>

<https://planmymove.militaryonesource.mil/>

<https://www.militaryonesource.mil/leaders-service-providers/sp-1-moving/pcs-toolkit/>

<https://www.militaryonesource.mil/leaders-service-providers/sp-1-moving/pcs-toolkit/>

Exceptional Family Member Program: <https://efmpandme.militaryonesource.mil/>

Family Advocacy Program—Domestic Abuse:
<https://www.militaryonesource.mil/programs/family-advocacy-program/>

Child & Youth: <https://www.militaryonesource.mil/programs/child-youth-programs/resources/>

Military Child: <https://militarychild.org/>

Military OneSource: <https://www.militaryonesource.mil/benefits/child-care-aware-of-america/>

Transition Assistance: <https://www.militaryonesource.mil/resources/millife-guides/national-guard-transition-assistance/>

Air Force Families Forever: <https://www.afpc.af.mil/Military-and-Family/Air-Force-Families-Forever/>

Air Force Warrior and Survivor Care: <https://www.woundedwarrior.af.mil/>

MWR: <https://www.militaryonesource.mil/recreation-travel-shopping/mwr/>

TRIWEST: <https://tricare.triwest.com/en/beneficiary/>

CRISIS SUPPORT

<https://www.afpc.af.mil/Military-and-Family/Crisis-Support/>

<https://www.redcross.org/get-help/military-families/financial-assistance.html>

<https://www.redcross.org/get-help/disaster-relief-and-recovery-services.html>

<https://www.fema.gov/assistance/individual>

EMPLOYMENT SUPPORT

<https://www.afpc.af.mil/Military-and-Family/Employment-Resources/>

<https://www.bls.gov/ooh/home.htm>

<https://www.usajobs.gov/>

<https://www.esgr.mil/>



Announcement & Notifications

VOLUNTEERS NEEDED

Contact Us to know more about volunteering at the 139th AW.

www.Facebook.com/139thfamily/ or

139AW.Military.FamilyReadiness@us.af.mil

Key Support Liaison's Assigned Units

AW & MXG - KSL Rep is Diana Miller

OPS & CES —KSL Rep is Kristin Edwards

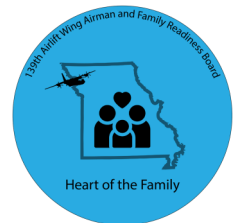
LRS & Teen Panel—KSL Rep is Rachel Neil on 1 year Hiatus to December 2025



AIRMAN & FAMILY READINESS ASSOCIATION

Contact Kristina Nicholson & Dana Davis for joining the association to help the Military & Family

Readiness program or volunteering for the board. Currently there are openings on the board. Email them at AFRassocboard@gmail.com.



DEPLOYMENT RESOURCES FOR FAMILIES

Every deployment is different, whether it's your first tour of duty or your fourth. Make each phase of your deployment cycle successful by being prepared and informed.

<https://www.militaryonesource.mil/deployment/>

EFMP EXCEPTIONAL FAMILY MEMBER PROGRAM

Enroll your family member with special needs in EFMP to get the support you need to manage their care and services

<https://www.militaryonesource.mil/special-needs/efmp/>

INFORMATION & REFERRAL



MILITARY OFFER



MILITARY OFFER

25% OFF TICKETS AND A FREE PRE-RACE PASS (\$50 VALUE)

On behalf of GOVX, NASCAR, and Kansas Speedway, thank you for attending our race weekends. Your service and sacrifice have made it possible for us to enjoy the freedoms we share today, and this program stands as a small token of our appreciation.

PRE-RACE PASS

With your grandstand seat, enjoy a FREE Pre-Race Pass on us! With a Pre-Race Pass, you gain access to the FanWalk infield area to witness driver Q&As, DJs and more. Take a walk down Pit Road and take a picture with your favorite drivers car. Finally, enjoy all the pre-race festivities including signing the start/finish line, walk the ballfield and watch driver introductions up close!

PRE-RACE RECOGNITION

Is your group celebrating a milestone, anniversary, or special achievement this year? We want to celebrate with you! Our pre-race recognition offers a fantastic opportunity to showcase your group and gain visibility in front of all our fans as we honor and celebrate you before the pre-race ceremonies!

SCAN TO CLAIM OFFER

SUNDAY, MAY 11, 2025 | 2:00 PM
TO ACCESS WEBLINK, CLICK HERE.



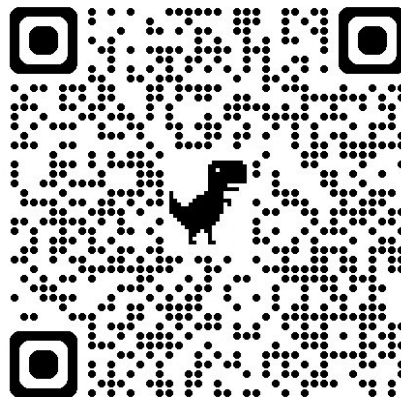
*For more information, contact Nathan DeGroot (ndegroot@nascar.com) or Emily Hubbard (ehubbard@nascar.com)
All pricing is subject to change.

2

Child Sex Trafficking for First Responders

July 17, 2025, 8:00 AM to 5:00 PM, Herzog Health and Wellness Center, 900 S.

Riverside Road, St. Joseph, MO. Use the QR Code to register.





Announcement & Notifications

Want to donate items
to the Attic?
Contact a Key Support
Liaison to get information.

139th AW & Key Support Liaisons



**mini
Airman's Attic**



Would you like to
volunteer at the Attic?
Contact a Key Support
Liaison to get
Started!

ITEMS POSSIBLY AVAILABLE

- Bath Towels
- Paper Towels
- Clothing Items
- Hygiene Products
- Cleaning Product
- Office Supplies
- Small Home Décor
- Items with little value



Airman's Attic is a free service
designed to assist individuals
with items they may need but
cannot afford at this time.

DONATIONS WE CAN ACCEPT

- Clothing Items
- Small Home Appliance
- Office Supplies
- Cleaning Products
- Hygiene Products
- Small Home Décor
- Paper Products
- Items with little value

Open Saturdays on RSD's 10 am – 1 pm Bldg. 53 (North/West Entry)
Please note due to limited KSL, please contact them at 816-769-4610 for access before arrival.

UD 1/2/25

Serenity is Surrendering

**Admitting we are powerless,
which will help us resolve the challenges ahead.**

Join Us June 7th From 0900 - 1500

**In Bldg. 26 CE Room 1, Receive a 15 Min Massage. After
Your Relaxing Massage, a Resiliency Team Member Will
Be Waiting To Listen, And Help Your Daily Struggles Go
Away.**

Message Sign Up



Massages sponsored by the AFR Assoc.



INFORMATION & REFERRAL



FRIENDS IN SERVICE OF HEROES
WELCOMES VETERAN'S & FAMILY MEMBERS
TO THE 1ST ANNUAL F.I.S.H CAMPING TRIP

JUNE 27TH-29TH CAMP BERAKAH, ALBANY MO

← **REGISTER HERE SPACE IS LIMITED**

FISH

COME DESTRESS & DECOMPRESS IN THE REST & REFUEL ROOM

JOIN THE TEAM: [REST & REFUEL ROOM](#) | [General](#) | [Microsoft Teams](#)
SCHEDULE YOUR TIME TO USE THE MESSAGE CHAIR & ROOM
Bldg. 25 Rm. 1006
[REST & REFUEL ROOM](#) | [MESSAGE CHAIR SCHEDULE](#) | [Microsoft Teams](#)
Massage Chair is for 30 min. increments only (Put your Initials in the
Calendar invite like so: "A.M. Chair Reserved")
Available beginning 2/28/25

Do you have Education and Incentives questions?

The State Education and Incentives team may be coming to a location near you soon.

Please look at the attached calendars for April and May to know where we are going to be.

Our upcoming visits include:

University of Central Missouri in Warrensburg – 28 April

University of Missouri – Columbia – 1 May

3175th MP CO in Columbia – 2 May

1221st Trans Co in Dexter – 3 May

175th MP CO in Columbia – 3 May

AMRE in Fort Leonard Wood – 3-4 May

Want to find out more about what education and incentive benefits the MONG offer?

Go to our website at <https://www.moguard.ngb.mil/Programs/Education-and-Incentives/>

INFORMATION & REFERRAL

139TH AW DRUG DEMAND REDUCTION PROGRAM

SARMs

(SELECTIVE ANDROGEN RECEPTOR MODULATORS)

CAN DO HARM

SARMs ARE UNAPPROVED DRUGS.

THEY'RE ALSO:

- Prohibited for use by Service Members.
- Illegally marketed and sold as dietary supplements.
- Banned in all professional and college sports.
- Not approved by FDA for human use.

POSSIBLE SIDE EFFECTS INCLUDE:

- Testicular shrinkage
- Sexual dysfunction
- Liver injury and acute liver failure
- Increased risk of heart attack and stroke

Is it worth the risk to your performance and career?



USU | CHAMP

OPERATION SUPPLEMENT SAFETY | OPSS.ORG



Find Us

To learn more visit
OPSS.org and follow us on



Marsha Brooks, CTR, 139TH AW DDRPM, 236-3649 or
marsha.brooks.ctr@us.af.mil

The Department of Veterans Affairs (VA) which offers Servicemembers' Group Life Insurance (SGLI) will be **discounting the monthly premium rates for the SGLI program beginning July 1, 2025.**

The SGLI premium discount lowers the rate from \$0.06 per \$1,000 of coverage to \$0.05 per \$1,000 of coverage. Therefore, the new premium for the maximum amount of SGLI coverage of \$500,000 will be \$25.00 per month, plus \$1.00 for Traumatic Injury Protection (TSGLI) coverage. All active duty, Reserve, and National Guard Service members with active SGLI coverage will automatically receive the premium discount.

The lower premium will be reflected on insured Service members' Leave and Earning Statement (LES) and notifications will be posted on pay system messaging as well as in the SGLI Online Enrollment System (SOES).

You can view the premium rate chart showing the lower monthly amounts per each level of coverage here: <https://www.benefits.va.gov/INSURANCE/spring2025discount.asp>

Visit the SGLI Premium Discount Frequently Asked Questions webpage (<https://www.benefits.va.gov/insurance/spring2025-discount-faqs.asp>) to learn more about the discount.

"EFMP – Open to All Branches – Please share with Service members and families.

Transition Forum 2025 (Virtual) – Military and Tricare Beneficiaries Transitioning from Pediatrics to Adulthood

Date Options: April 24, 2025; July 31, 2025, or October 30, 2025

Time: 0900 - 1430 ET

Location: Virtual-Zoom (Link provided upon registration)

Registration Required: marie.buterbaugh.civ@health.mil (see attached flyer)

Details: This forum provides information and awareness on a diverse range of pertinent resources for consideration as the person with disabilities transitions from childhood to adulthood."

Has been CANCELLED.

INFORMATION & REFERRAL



American
Red Cross

CAREER OPPORTUNITY



The Service to the Armed Forces (SAF) and International Services (IS) Division mission is to provide care and comfort to the members of the United States Armed Forces and their families. It is the impetus for the establishment of the American Red Cross (ARC). SAF-IS at the Red Cross is a mixture of both tradition and innovation. ARC continues to provide traditional support to military families; serve in military and veterans hospitals and conduct emergency communication. But we also continually adapt our traditional services and create new programs to meet the needs of today's military member, veterans, and their families.

The American Red Cross is currently seeking a Mobile SAF-IS Regional Program Manager in the greater St. Louis area and surrounding nineteen counties to support the Service to Armed Forces and International Services Division mission. This position is regional, but also part of our mobile staff which requires meeting strict medical and security clearances prior to employment. In this role worldwide deployment is a condition of employment. Mobile staff members typically deploy for 6 months at a time, approximately once every 18-24 months, and can be sent to any military base in the world.

To learn more about the position, application process and benefits offered please visit the website below.

https://americanredcross.wd1.myworkdayjobs.com/American_Red_Cross_Careers/job/St-Louis-MO/SAF--IS-Regional-Program-Manager--Mobile_RC79911

(Position Number RC79911)



The American Red Cross is an Equal Opportunity/Affirmative Action employer. All qualified applicants will receive consideration for employment without regard to sex, gender identity, sexual orientation, race, color, religion, national origin, disability, protected veteran status, age, or any other characteristic protected by law.

Looking for free learning opportunities for military family members and DoD civilians?

American Red Cross has some exciting free international humanitarian law webinars coming up in the next couple of months. Simply click on the links below to register today!

May 1st: [Star Wars and IHL webinar](#)

May 21st: [Protecting Cultural Property During Wartime](#)

June 5th: [Mission Impossible and IHL](#)

June 19th: [IHL 101: Torture in Armed Conflict](#)

RESOURCE WEBSITES

SESAME STREET for MILITARY FAMILIES: Being a military family can be fun, rewarding, and full of adventure. But it can also be isolating. It's not uncommon for both children and grown-ups to feel lonely from time to time.

<https://www.sesamestreetformilitaryfamilies.org/topic/family-and-community-bonds/?ytid=R6j7v8SUDZY>

AMERICAN LEGION: A Patriotic veterans organization devoted to mutual helpfulness.

<https://www.missourilegion.org>

BRAIN INJURY ASSOCIATION OF MISSOURI: Improve the quality of life for everyone impacted by brain injury by providing advocacy education information, support & resources.

<https://www.biamo.org>

CAREGIVER ON THE HOMEFRONT: Provide caregivers of our nation's veterans and first responders with hopefulness a sense of togetherness and firm foundation of resiliency.

<https://caregiver-homefront.org>

CHILD CARE AWARE: Delivers services focusing on the improvement of a child's experiences and environment in their first 2000 days.

<https://www.mochildcareaware.org>

CITY UNION MISSION: Providing warm beds, nutritious food & a place of safety for thousands of men, women & children overcoming poverty.

<http://www.cityunionmission.org>

COMBAT ZONE TAX EXCUSION: If you are an eligible member who served in a combat zone, the IRS can exclude your income from taxation.

<https://www.irs.gov/individuals/military>

DISABILITY AMERICAN VETERANS: Give full access to veterans & their families & educating the public about veterans lives.

<https://www.dav.org>

ELKS LODGE: This phone number is the scholarships, there are 5 categories with 2 being questions, email:

scholarship@elks.org

<https://www.elks.org/states/default.cfm?vhpID=8023>

GOOD SAMARITAN CETNER EXCELXIOR: Dedicated to preventing homelessness & hunger by providing basic life needs & skills.

<https://www.goodsamaritancenter.com>

HILCREST HOPE: Providing the opportunity of housing & stability to those in need, working to get back on their feet.

<https://www.hilcresthope.org>

HOMELESS HOTLINE: Kansas City is reaching out to low-income women & families & offer compassionate care that relieves financial strain.

RESOURCE WEBSITES

OUR MILITARY KIDS: Extracurricular activity grants that build the child's self-confidence, enhance family well-ness, and strengthen a shared sense of community.

<https://www.ourmilitarykids.org/> <https://www.ourmilitarykids.org/family-resources/>

BUILD A SIGN: Give signs and banners to military friends & families for their loved ones returning home from deployment.

<https://www.buildasign.com/troops>

UNITED THROUGH READING: Helps military families read together every day, no matter the distance. We have it here at the wing.

<https://unitedthroughreading.org/>

Military Child Org.: MCEC supports all military-connected children by educating, advocating, and collaborating to resolve education challenges associated with the military lifestyle.

<https://www.militarychild.org/about/mission-vision>

Full Circle Home: A Not-For-Profit org. that connects deployed service members with their loved ones across the country & on bases around the world. Helps send gifts and hand written notes.

<http://www.fullcirclehome.org/>

Air Force Aid Society: Emergency Assistance Financially, Education Support: Grants, Loans and Scholarships, Community Programs: Bundles for Babies, Child Care, Spouse Employment.

<https://afas.org/>

Operation Home Front: Financial, housing, baby showers, meals, toys, back to school items and such.

<https://operationhomefront.org/about-us/>

MILITARY ONE SOURCE: 24/7 gateway to trusted information, resources and confidential help.

<https://www.militaryonesource.mil/>

Five and Thrive: Quality of Life resources, community partnerships. Spouse guide for Air Force & Space Force families.

<https://www.fiveandthrive.org/>

AMERICAN RED CROSS: Financial, Deployment or Emergency Assistance

<https://www.redcross.org/about-us/our-work/military-families.html>

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps.html>

<https://www.redcross.org/get-help/military-families/deployment-services.html>

211



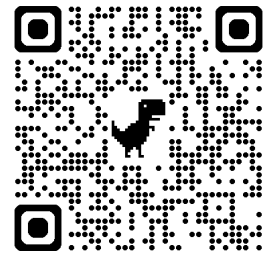
AIRMAN IN NEED
Are you in need of several items?



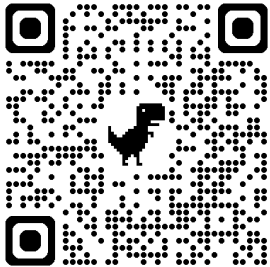
IN NEED OF SOMETHING
SPECIFIC?



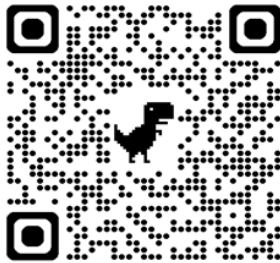
Catholic Charities



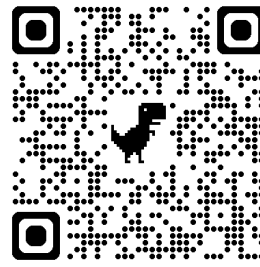
Della Lamb



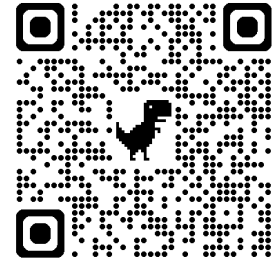
findhelp.org



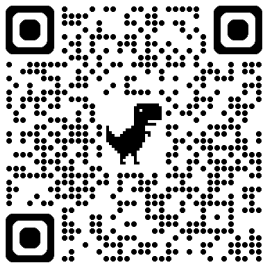
Hands to Hearts KC



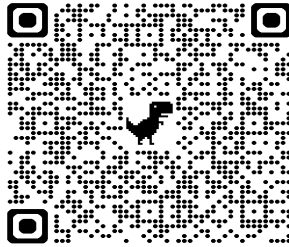
BLUE STAR



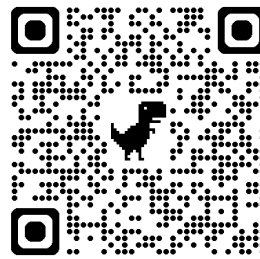
Harvesters



<https://www.hopeforthewarriors.org/>



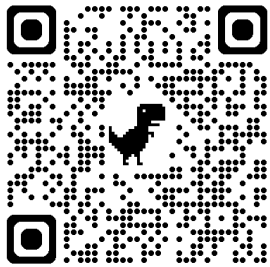
Heroes Care



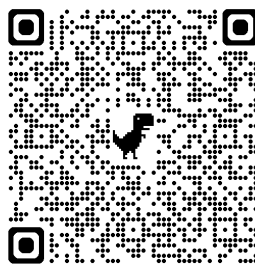
Operation Home Front



Operation Break Through

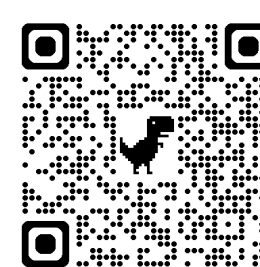


American Red Cross Hero Care

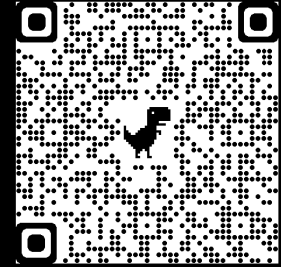


Connect in an Emergency

Second Harvest



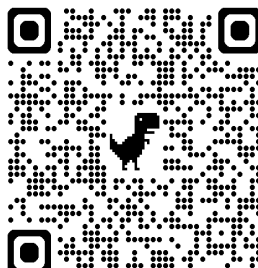
VA Benefits Guide



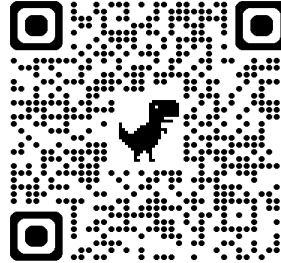
Help a 139th Airman or Family in
Need



National Resource Directory

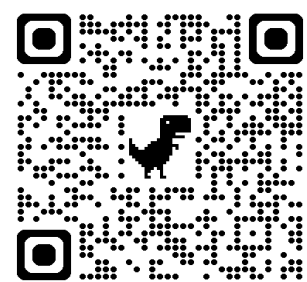


RESOURCE CONNECTION



139th AW Resiliency Center
139aw.ang.af.mil/About-Us/Resiliency-Center/

NATIONAL GUARD RELIEF FUND



QR CODE QUICK CONNECT HELP



GRATUITOUS VOLUNTEER HOURS
TRACKER (2)



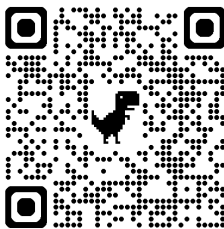
Interested in becoming a
Volunteer or a Key Support
Liaison?



KEY SUPPORT LIAISON HOURS
TRACKER



Key Support Liaison
<https://www.afpc.af.mil/Military-and-Family/Commanders-Key-Support-Program/>



myvector.us.af.mil



PERSONAL READINESS
INVENTORY



Resiliency Center Wing Page



Standard Statement of
Understanding (SOU) for WING
SM



Statement of Understanding SOU
FOR RETIREES/ETS MOANG 139TH
AW M&FRP



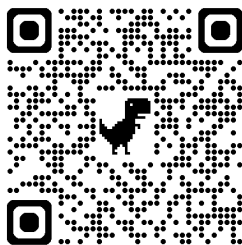
Statement of Understanding (SOU)
for New Airman & Transfers In



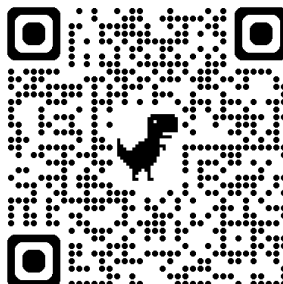
SOU Quick DATA MOANG 139TH
AW M&FRP



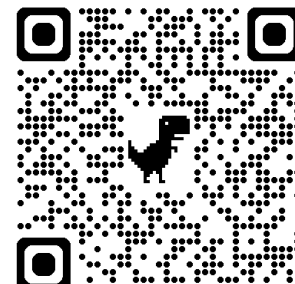
Yellow Ribbon Site
yellowribbon.mil



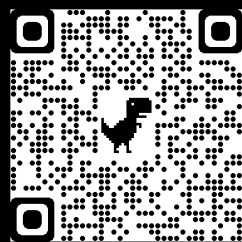
VA IAP Course Catalog



VA Benefits Page for National Guard



VA Disability Online Guide



Military & Family Readiness
Services Survey
How are we doing?



QR CODE QUICK CONNECT