### Insurance

- Servicemembers' Group Life Insurance (SGLI)
- Veterans' Group Life Insurance (VGLI)
- Disability Insurance for Military Personnel
- TRICARE Health Coverage options
- Auto & Renters' Insurance for Service Members

## **Loaning Options**

- ✤ VA Home Loans & Mortgage Benefits
- Personal Loan options & Military Discounts
- Avoiding Predatory Lenders & Payday Loans
- Using the GI Bill for Housing Stipends
- Debt Consolidation Strategies

## Estate Planning

- Importance of Wills & Power of Attorney
- Survivor Benefit Plan (SBP) options
- ✤ VA Burial Benefits
- Life Insurance Considerations (SGLI, VGLI)
- Family Financial Preparedness in Case of Deployment



#### **Important Numbers**

Resiliency Center TEAM: 816-236-3939 Opt: 1 – M&FRPM Opt: 2 – Chaplain Opt: 3 – SAPR Opt: 4 – DPH Opt: 5 - IPPS Opt: 6 – PFC Opt: 7 – MFLC Opt: 8 – MEO Opt: 9 - HRA

M&FRPM: Cell (Emergency): (816) 390-2777

### PFC: (816) 236-3659 - (816) 500-3163

Suicide Hot Line: 1-800-273-8255, Press 1 MONG SAPR 24 Hr. (573) 694-4124 DOD Safe Helpline 877-995-5847 Base Operator: (800) 528-1835 Security: (816) 236-3394 Main Gate: (816) 236-3316 Recruiting: (816) 236-3475 Personnel: (816) 236-3330 Finance Office: (816) 236-3247 TMO: (816) 236-3209 Retention Office: (816) 236-3939 Medical Squadron: (816) 236-3334 AATTC Main Directory: (816) 236-3500 AATTC Support (816) 236-3512 AATTC Superintendent (816) 236-3686 Base Legal: (816) 236-3087 Public Affairs: (816) 236-3181 Red Cross 1-877-272-7337





# PERSONAL FINANCIAL READINESS (PFR)

As Personal Financial Counselors (PFCs) and CFP® professionals, we provide confidential financial counseling (except for limits of confidentiality related to harm to yourself or others) at no cost to Service Members and their family members. Whether you need assistance with budgeting, retirement planning, or understanding your benefits, we are here to help. We can also connect you with the appropriate resources to ensure you receive the full range of support available to you.



### **Credit Management**

- Understanding Credit Scores & Reports
- Military-specific Protections (SCRA, MLA)
- How to build & Maintain Good Credit
- ✤ Managing Debt Effectively
- Identity Theft Prevention for Service members

## **Retirement Planning**

- Thrift Savings Plan (TSP) options
- Military Pension vs Blended Retirement System (BRS)
- Veterans Affairs (VA) Benefits & Disability Compensation
- Transition planning for civilian retirement savings
- Social Security & Military Service Credits

## Milestones

- Joining the Military Setting up finances
  & benefits enrollment.
- First Duty Station Officer & Enlisted Budgeting for new income & benefits.
- Continuation Pay Understanding midcareer retention bonuses & financial planning.
- Marriage Combining finances, updating benefits, & tax considerations.
- New Child Family financial planning, increasing savings, & insurance updates.
- Permanent Change of Station (PCS) Managing relocation expenses & allowances.
- Promotion Adjusting financial goals with increased income.
- Transitioning Out of the Military Financial preparation for civilian life.
- Retirement Planning Starter Early strategies for maximizing military retirement benefits.

## **Education Funding**

- ✤ GI Bill & Tuition Assistance (TA) Benefits
- ✤ 529 College Savings Plan
- Yellow Ribbon Program Details
- Education savings options for Dependents
- Student Loan Repayment Programs for Service Members



- Military Tax-Exempt allowances (BAH, BAS)
- Combat Zone Tax Exclusions
- State Tax Benefits for Military Personnel
- Deductions & Credits for Military Families
- Tax implications of PCS Moves & Deployments



- Managing Military Pay & Allowances
- Building an Emergency Fund
- Handling PCS-related expenses
- Planning for irregular income (deployment bonuses, reenlistment)
- Strategies for Reducing Financial Stress