



Transition Assistance Program & Retirement

- TAP Mandates T10 +179 days - Required
- T32 – Med. Boards - Required
- Retiree's & Separates - if you have received a DD214 Highly Recommended
- All others voluntary



Information & Referral

- Exceptional Family Member Program (EFMP)
- Warrior & Survivor Care
- Air Force Families Forever/Gold Star
- Military OneSource
- Education/College
- Benefits & Entitlement



Emergency Operations

- Emergency Family Assistance Center (EFAC)
- Evacuation Operations & Repatriation (EOR)
- Air Force Personal Accountability & Assessment Case Manager (AFPASS)

Records Management

- Air Force Family Integrated Results & Statistical Tracking (AFFIRST)
 - Secure PII
- Annual Inspector General by-law Inspection (TAP)
- DODTAP
- Managers Internal Control Toolkit (MICT)
- National Guard Family Readiness Certification
- Secure Controlled Unclassified Information (CUI)

Military & Family Readiness Program Manager Contact

Amy Mathias, 139th AW, M&FRPM
Federal Career Coach
Federal Job Search Trainer
Financial Advisor

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Military & Family Readiness

Services Survey
How are we doing?



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<https://www.139aw.af.mil/About-Us/Resiliency-Center/>
139afpomanager@gmail.com
www.Facebook.com/139thfamily/

139th AIRLIFT WING M. & F. R. P.



Equipping military members & their families to adapt & overcome the unique demands of military life through programs, support & services.

Your trusted guide & partner in staying mission ready & navigating military life.



Note: As a requirement of the Privacy Act and System of Records Notice (SORN), per the DAFI 36-3009 Military & Family Readiness Centers, this office may release your information under limited circumstances. Harm to Self-Harm to Others – Mission Impacting.

Information Available on USAF Connect App

Employment Assistance

- Discovery Center Resources
- Classes / Networking
- ESGR/USERRA Referral
- Resume Writing / Interview Skills
(Civilian & Federal)
- Job Postings/Job Fair Information
- Job Search/Unemployment Information
- Coordinate w/America's Job Centers
- License & Certification Information



Relocation Assistance Program

- Newcomer's Briefing
- In & Out-Processing
- Housing Info
- Travel
- Community Information & Resources
(State & Local to your area)



Personal & Work Life Services

- Comprehensive Airman Fitness (CAF)
(Mental/Social/Spiritual/Physical)
- Counseling Resources & Referrals
- Family Dynamics & Relationships
(Information, Resources & Referrals)
 - Parenting
 - Adoption
 - Marriage & Divorce
- Spouse & Family Connections
- Key Support Liaison & Volunteer Program
- Resiliency & Stress Management
Resources/Workshops
- Work-Life Resources/Workshops
- Child & Youth Programs
(Base Teen Panel & Part of State Teen Panel)



Personal Financial Readiness

- Credit Report/FICO Score info
- Financial Appointments (One-on-One)
- Financial Touchpoint Trainings & Resources
(MyVector Assistance)
- Emergency Financial Assistance
 - Air Force Aid Society
 - Financial Grants & Programs



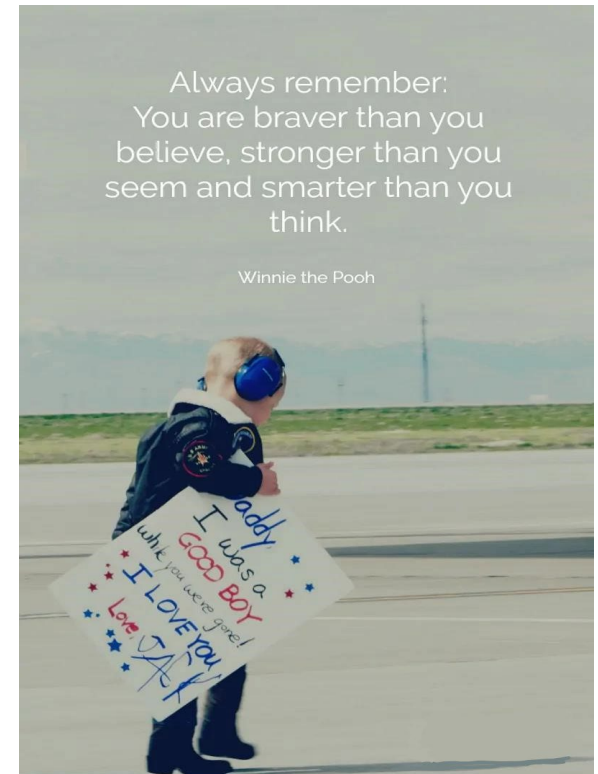
Community & Military Resources

- Civilian & Military Community Resources
- Community Organizations & Meetings
- 139th Community Action board & Community Action Team (CAB/CAT)
- Voting Referral
- Veteran Service Organizations
- USO



Deployment Cycle Support

- Deployment Cycle Briefings
(Pre/Post/Reintegration)
- Deployment Outreach
(Monthly Wellness Calls)
- Deployment (Information & Referral)
- Deployment Family Programs
- PDF Line Assistance
- Yellow Ribbon Requirement/Events for Families
(Required for SM, Highly encouraged for families)



Always remember:
You are braver than you
believe, stronger than you
seem and smarter than you
think.

Winnie the Pooh