



Transition Assistance Program & Retirement

- TAP Mandates T10 +179 days Required
- T32 Med. Boards Required
- Retiree's & Separatees if you have received a DD214 Highly Recommended
- All others voluntary



Information & Referral

- Exceptional Family Member Program (EFMP)
- Warrior & Survivor Care
- Air Force Families Forever/Gold Star
- Military OneSource
- Education/College
- Benefits & Entitlement









Emergency Operations

- Emergency Family Assistance Center (EFAC)
- Evacuation Operations & Repatriation (EOR)
- Air Force Personal Accountability & Assessment Case Manager (AFPASS)

Records Management

- Air Force Family Integrated Results & Statistical Tracking (AFFIRST)
 - Secure PII
- Annual Inspector General by-law Inspection (TAP)
- DODTAP
- Managers Internal Control Toolkit (MICT)
- National Guard Family Readiness Certification
- Secure Controlled Unclassified Information (CUI)

Military & Family Readiness Program Manager Contact

Amy Mathias, 139th AW, M&FRPM Certified Federal Career Coach (CFCC) Certified Federal Job Search Trainer (CFJST)

705 Memorial Dr.

St. Joseph, MO. 64503 Main Line: (816) 236-3939

Office: (816) 236-3511 Cell: (816) 390-2777

DSN: 356-3511

139AW.Military.FamilyReadiness@us.af.mil https://www.139aw.ang.af.mil/About-Us/Resiliency-Center/

139afrpomanager@gmail.com www.Facebook.com/139thfamily/

139th AIRLIFT WING M.& F. R. P.



Equipping military members & their families to adapt & overcome the unique demands of military life through programs, support & services.

Your trusted guide & partner in staying mission ready & navigating military life.



Employment Assistance

- Discovery Center Resources
- Classes / Networking
- ESGR/USERRA Referral
- Resume Writing / Interview Skills (Civilian & Federal)
- Job Postings/Job Fair Information
- > Job Search/Unemployment Information
- Coordinate w/America's Job Centers
- License & Certification Information

Personal & Work Life Services

- Comprehensive Airman Fitness (CAF) (Mental/Social/Spiritual/Physical)
- Counseling Resources & Referrals
- Family Dynamics & Relationships (Information, Resources & Referrals)
 - Parenting
 - Adoption
 - Marriage & Divorce
- Spouse & Family Connections
- Key Spouse & Volunteer Program
- Resiliency & Stress Management Resources/Workshops
- Work-Life Resources/Workshops
- Child & Youth Programs
 - Base Teen Panel & Part of State Teen Panel







Relocation Assistance Program

RELOCATION

ASSISTANCE PROGRAM

- Newcomer's Briefing
- In & Out-Processing
- Housing Info
- Travel
- Community Information & Resources
 - o State & Local to your area



Personal Financial Readiness

- Credit Report/FICO Score info
- Financial Appointments (One-on-One)
- Financial Touchpoint Trainings & Resources (MyVector Assistance)
- > Emergency Financial Assistance
 - Air Force Aid Society
 - Financial Grants & Programs



Community & Military Resources

- Civilian & Military Community Resources
- Community Organizations & Meetings
- 139th Community Action board & Community Action Team (CAB/CAT)
- Voting Referral
- Veteran Service Organizations
- ➤ USO

Deployment Cycle Support

- Deployment Cycle Briefings (Pre/Post/Reintegration)
- Deployment Outreach (Monthly Wellness Calls)
- Deployment (Information & Referral)
- PDF Line Assistance
- Yellow Ribbon Requirement/Events for Families



