Are you interested in becoming a Key Spouse/Mentor or Gratuitous Volunteer?

Do you have these traits of an effective Volunteer?

- ✓ Good communicator
- ✓ Professional
- ✓ Person of Integrity
- Can adhere to privacy and confidentiality guidelines
- ✓ Loyal to Leadership
- ✓ Knowledgeable of Military Culture
- ✓ Passionate about Service Members and families at the 139th

If so contact the Key Spouse Mentor or M&FRPM with your contact information at:

139thksmentor@gmail.com or amy.mathias.1@us.af.mil

about becoming a Key Spouse or for volunteering for the 139th.



Key Spouse & Gratuitous Volunteer Programs Facilitated by:

139th Resiliency Center Military & Family Readiness Program 705 Memorial Drive Bldg. 25 St. Joseph, MO 64506 (816) 232-3939

<u>Gratuitous Volunteer</u> <u>E-Mail Contact:</u>

139thAWKeySpouse@gmail.com

139thMXGKeySpouse@gmail.com

139thAATTCKeySpouse@gmail.com

139thMDGKeySpouse@gmail.com

139thOGKeySpouse@gmail.com

139thMSGKeySpouse@gmail.com

139thksmentor@gmail.com

Ksm139th2@gmail.com



Gratuitous Volunteer E-Mail Contact:

M&FRPM: Amy Mathias amy.mathias.1@us.af.mil 139AW.Military.FamilyReadiness@us.af.mil 139afrpomanager@gmail.com



Key Spouse

&

Gratuitous Volunteer Program



139th Airlift Wing Rosecrans Base

About Key Spouse Volunteers:

The Key Spouse
Program is a
commander's program that promotes
partnerships with unit leadership, the
Military & Family Readiness, Resiliency
Center, families, and other community
and supporting agencies.

The program has been standardized across the Air Force to address the needs of all military families with special emphasis on support to families across the deployment cycle.

A Key Spouse Mentor acts as an advocate and supports all Key Spouse initiatives. They attend trainings and encourage spouses/family interactions with each other/unit. The Key Spouse Mentor is an asset to the Key Spouses.

About Gratuitous Volunteers:



Gratuitous

Volunteers are volunteers who provide services either as an individual or as a group of individuals without an expectation of compensation, including salary, tips, benefits, and reimbursements for incidental expenses, or legal protections.

Gratuitous Volunteers may help with one activity or several. They may spend only a few hours helping or several. Whatever time they can give to support the 139th is accepted with heartfelt appreciation.

Why is the Key Spouse & Gratuitous Volunteer Program Important?

- Promotes individual, family, and unit readiness.
- Share extensive knowledge of unit/community events
- Establishes continuous contact with spouses/families
- Encourages peer to peer Wingman support
- Links Leadership
- Provides an informal sounding board following Privacy Act, Confidentiality, and Mandatory reporting guidelines
- Strengthens leadership's support team
- Supporting role in meetings, events & activities.

KEY SPOUSE & GRATUITOUS VOLUNTEERS ARE NOT:

- Counselors
- Babysitters
- Gossipers
- Working alone
- To assume leadership authority
- Fundraisers (Key Spouse Only)
 Gratuitous may fundraise within specific parameters.

Benefits of the Key Spouse & Gratuitous Volunteer Program

- Increases awareness of the installation/community resources
- Identifies/resolves issues at the lowest levels
- Enhances up/down information flow
- Prepares/supports families during separations
- Increases sense of unit support
- Increases readiness/retention
- Enhanced family resiliency
- Promotes individual, family, and unit readiness
- Establishes continuous contact with spouses/families
- Strengthens leadership's support team
- Vital to building strong AF Guard communities

Retirees we need your help and experience.

- Need something to do during your free time?
- Looking to pass on your past knowledge and experience?
- Wanting to help those in need?